





PROPER DONNING AND DOFFING OF NON-STERILE EXAM GLOVES


DONNING¹

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1) Take out a glove from its original dispenser, holding only the cuff.
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2) Hold glove at opening with one hand and slide fingers and thumb of opposite hand into glove.
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3) Pull towards wrist to fully don glove.
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4) Take second glove out of dispenser with bare hand, holding only the cuff.
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5) Hold glove at opening and slide fingers and thumb into glove. Pull glove towards wrist using folded fingers of gloved hand.

DOFFING²

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1) Grasp outside of glove with opposite gloved hand and peel off.
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2) Hold removed glove in gloved hand.
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3) Slide fingers of ungloved hand under remaining glove at wrist.
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4) Peel second glove off over first glove.
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5) Discard gloves in appropriate waste container.



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